

# *Things to Do Before Your Baby Is Born:*

- Clean hard-to-access places before you get too big to fit!
- Take care of houseplants/garden.
- Clean your vehicles.
- Wash windows and clean windowsills.
- Stock your pantry. (rice, pasta, canned vegetables and fruit, flours and sugars, olive oil, salad dressing, dried fruit, granola and granola bars, oats, macaroni and cheese)
- Freeze some entire meals ahead of time.
- Make sure you have everything the baby will need BEFORE the last minute. (see list on [TheRestfulHome.com](http://TheRestfulHome.com)) Install carseat!
- Clean any old condiments, etc. out of your refrigerator and freezer.
- Stock up on household supplies. (toilet paper, paper towels and dishes, toothpaste, body wash, cleaning supplies, etc.)
- Buy underpads for your bed.
- Buy a pack (or two) of thank you notes.
- Attend birthing classes if they're available.
- Fill out paperwork for the hospital ahead of time if possible.
- Create a birthing plan--and then be flexible!
- If you're planning to nurse, buy some nursing-friendly and postpartum-friendly clothing.
- Decide on a nursing pump/find out if your insurance company will pay for one.
- Pack your bags!
- Wash, fold, and organize your baby's clothes.

**For more ideas, visit us at [TheRestfulHome.com](http://TheRestfulHome.com).**